



THE CITY OF SAN DIEGO

"WHERE WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

WWW.SANDIEGO.GOV

SAN CARLOS RECREATION CENTER

6445 LAKE BADIN AVENUE SAN DIEGO, CA 92119

#(619) 527-3443; FAX#(619) 462-0796

Spring 2016 Program

REGISTRATION BEGINS FEBRUARY 20TH



Hours of Operation:

Monday-Thursday 1:00 p.m. - 9:00 p.m.

Friday: 1:00 p.m. - 7:00 p.m.

Saturday: 9:00 a.m. - 4:00 p.m.

All Recreation Centers will be closed:

Thursday March 31st (Caesar Chavez Day) &

Monday, May 30th (Memorial Day)

Registration Hours:

Registration is available online thru
ActiveNet. Log onto:

www.SDRecConnect.com

Registration with staff at San Carlos
Recreation Center is available:

Monday 2:00 p.m. -8:45 p.m.

Wednesday: 4:00 p.m. – 7:00 p.m.

Friday 2:00 p.m.-6:45 p.m.



The City of San Diego neither sponsors nor endorses the information provided. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religious creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS & AIDS-related complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department at (619) 235-1135 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington D.C. 20240. This information is available in alternative formats upon request.

Online registration! Since May 2014.

Please visit www.SDRecConnect.com to create an account and get signed up.

Returning customers (previously registered for classes online) - Click the 'my account' button. Enter your login (email) and password. Login with this password to activate your account.

New Accounts— click on the 'create account' button. Fill out the new account request form completely; including all required fields (birth date, gender, email etc) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided. Please follow directions provided to activate your account.

****Please note:** (for first time users only) Parent/Guardian must create their own account first using their own information.

Once you have an online registration account you will have the opportunity to add a child as a family member.

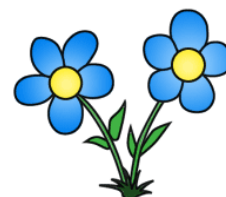
If you need help, please click the FAQ (frequently asked questions) button for more information.

In person registration hours are Mondays 2:00 p.m.-8:45 p.m., Wednesdays 4:00 p.m. – 7:00 p.m. and Fridays 2:00 p.m.-6:45 p.m.

Children under 18 must be registered by a parent/legal guardian.

Payment Policies

- Payment is required at the time of registration.
- Please pay with EXACT cash, check made payable to SCRC or credit card.
- A \$25.00 fee will be charged for all returned checks.
- Class fees are not prorated or discounted.
- **Effective September 8, 2015, service fees will apply as follows for all transactions. For all Online Registrations, \$2.00 transaction fee and 3% Processing Fee will be charged for every transaction. For In-house Registrations, \$2.00 transaction fee will be charged for every transaction. Rates are established by the service provider and are non-refundable.**



Refund Policies

- No refunds or make-ups for missed classes (i.e. – routine illness, vacations, or other schedule conflict).
- A \$20.00 service fee will be charged per registrant for each refund request.
- Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child is unhappy, or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for your understanding.
- A Refund Request Form and your registration receipt must be submitted prior to second class meeting.

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan process. Contractors must submit a business license and proof of insurance. Contractor must also provide Worker's Compensation coverage for all employees. City staff handles all registration for the program.

All independent contractors are identified with a (*) on this program.

Permit Holder Requirements:

Permit holders must provide proof of insurance. Program advertisement and registration is the responsibility of the permit holder. Permit holders are not required to submit proof of fingerprinting for their coaches, volunteers, and/or instructors.

All permit holders are identified with a (**) on this program.

Parties, picnics, sporting events... large or small, we do it all!

You can get information about permit fees, and availability for the following parks by contacting (619) 527-3443. Please note that all field, park and building use permits are issued by appointment only. Please pay with credit card, exact cash or check made payable to 'City Treasurer'.

Pershing Middle School (multi-use fields) 8204 San Carlos Dr 92119

San Carlos Community Park 6445 Lake Badin Ave 92119

Lake Murray Community Park 7051 Murray Park Dr 92119

For information on permitting the lake grounds at Lake Murray, you can call for recorded information at (619) 465-3474 or you can contact the City's Reservoirs and Recreation Program office at (619) 668-2050 or email them at water@sandiego.gov.

COMMUNITY INFORMATION:

Allied Gardens Swimming Pool	235-1143
Allied Gardens Recreation Center	235-1129
Lake Murray Boat Rental/Fishing	1-800-416-6992
Lake Murray Tennis Club	469-3232
Mission Trails Regional Park	668-3275
San Carlos Public Library	527-3430
San Carlos Area Council	462-1408



Adult Special Interest Groups

Model "A" Restores Club	2nd Friday	6:30 p.m. -8:30 p.m.
SloJam Band	3rd Friday	6:30 p.m. -8:45 p.m.
San Diego Fly Fishers	Thursdays	6:30 p.m. -8:45 p.m.
TOPS	Mondays	5:30 p.m. -7:00 p.m.



SAN CARLOS / LAKE MURRAY RECREATION COUNCIL

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the San Carlos community. Groups, clubs and leagues using the parks are encouraged and welcomed. The San Carlos / Lake Murray Recreation Council meets on the third Wednesday of odd months at 6:30pm at the San Carlos Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings.

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PeeWee Sports



Come and enjoy a fun instructional sports class ran by the San Carlos Staff. We will play a different game each week focusing on the fundamentals of the sport. Games include Basketball, Soccer, Tee-Ball, and more.

Who: Boys & Girls Ages: 3 to 8 Years

Registration: Until full

Cost: \$40.00

When: Every Tuesday 4:00 p.m. - 5:00 p.m.

Sessions: Feb. 23rd - March 29th Code#23905

April 5th - May 10th Code#23906



DIVERSITY
BRINGS US ALL TOGETHER

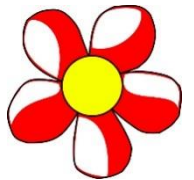
We encourage parents to participate and PLAY with your children!

SPRING CARNIVAL



Please Join Us for Our Annual Spring Carnival

Saturday, MARCH 26TH 10AM-1PM



ACTIVITIES WILL INCLUDE EGG HUNTS, AIR JUMPS, PETTING ZOO, PONY RIDES, A DJ AND MUCH MORE!

BE SURE TO BRING A BASKET FOR THE EGG HUNT!



EGG HUNTS:

0-2 YEARS: 10:30AM

3-5 YEARS: 11:00 AM

6-8 YEARS: 11:30 AM

9-12 YEARS: 12:00 PM



Programs

GYMNASTICS AND TUMBLING

Class Day: Friday Instructor: Jenn

TUMBLING:

Ages: 3-5 years Time: 3:15 p.m.-4:00 p.m.

Mar.: \$30.00 code#23859/ Apr.: \$50.00 code#23860/

May: \$30.00 code#23861

Preschoolers learn the basics of tumbling including rolls, cartwheels, balance beam, springboard and uneven bars.

BEGINNING GYMNASTICS:

Ages 6-12 years Time: 4:00 p.m. -5:00 p.m.

Mar.: \$30.00 code#23845/ Apr.: \$50.00 code#23846/

May: \$30.00 code#23847

Elementary aged children learn the basics of tumbling including rolls, cartwheels, balance beam, springboard and uneven bars. This class offers room for advancement as skills develop.

**No Classes Friday May 27th*

PARENT'S NIGHT OUT

Second Friday of each month Instructor: City staff

Ages: 6 – 12 years Time: 5:00 p.m. – 9:00 p.m.

Cost: \$10.00 per child:

Mar.: code#23854/ Apr.: code#23855/

May: code#23856

Need a night out with your significant other, family or friends? We'll provide a fun and safe night for your child including indoor and outdoor games, crafts and dinner!

**Please alert us of food allergies.*

BALLET AND INTRO TO DANCE

Class Day: Monday Instructor: Liana ()*

INTRO TO DANCE

Ages 2.5 – 3.5 Time 3:00 p.m. – 3:30 p.m.

Mar.: \$30.00 code#23851/ Apr.: \$40.00 code#23852/

May: \$40.00 code#23853

Students will learn the basics of ballet and tap through a structured class of imaginative exercises.

PRE-BALLET

Ages: 3 – 5 years Time: 3:30 p.m. – 4:15 p.m.

Mar.: \$30.00 code#23857/ Apr.: \$40.00 code#23858/

May: \$40.00 code#23871

Students will learn locomotor movement and use their imaginations through creative expression. Students must be comfortable being away from their parents.

BALLET I

Ages: 6 – 8 years Time: 4:15 p.m. – 5:00 p.m.

Mar.: \$30.00 code#23839/ Apr.: \$40.00 code#23840/

May: \$40.00 code#23841

Students will learn the fundamentals of ballet technique, terminology and refine their locomotor skills.

BALLET II

Ages: 9 – 12 years Time: 5:00 p.m. - 6:00 p.m.

Mar.: \$30.00 code#23842/ Apr.: \$40.00 code#23843/

May: \$40.00 code#23844

Students will learn ballet technique while improving posture, coordination, flexibility and musicality.

**Pre-Ballet, Ballet I, and Ballet II are closed to new students*

**NO class March 13th & May 30th*

ART SMARTS

Art Enrichment

Class Day: Friday Instructor: Penny ()*

Ages: 5-12 years Time: 4:00 p.m.-5:00pm

Mar: \$44.00 code#23836/ Apr: \$55.00 code#23837

May: \$44.00 code#23838

Drawing and painting animals to abstracts using oil pastels, watercolors and other mediums. Each child will take home 1-4 finished projects a month.

Ceramics

Class Day: Friday Instructor: Mary ()*

Ages: 5-12 years Time: 3:00 p.m.-4:00pm

Mar: \$44.00 code#23848/ Apr: \$55.00 code#23849

May: \$44.00 code#23850

Learn the fun of ceramics from building clay to glazing! Each child will take home 1-2 finished projects a month.



SPORT: VOLLEYBALL

Who: Boys & Girls Ages: 8 to 16 Years

Registration: Feb. 20th – March 19th or until full

Age cut off: June 16th

Cost: \$60.00 includes Jersey, Award, Photo, a Banquet and Officials Fees.

Season: March 14th – June 15th 2016

Tournament: TBA

Ages/Divisions: 10u (8-10 years of age) code#: 23862

12u (10-12 years of age) code#: 23863

14u (12-14 years of age) code#: 23864

16u (15-16 years of age) code#: 23865

Draft will be the first
week of practice,
March 14th -16th

***AGE CUT OFF DATE – June 16th**

PROOF OF AGE AND PHOTOS ARE DUE AT TIME OF REGISTRATION, NO EXCEPTION

***NO REFUNDS WILL BE ISSUED AFTER THE FIRST WORK-OUT.**

REGISTER AT WWW.SDRECONNECT.COM

UPCOMING

SPORT: Basketball

Who: Boys & Girls Ages: 5 to 14 Years

Registration Starts: May 14th

Age cut off: September 3rd

Cost: \$65.00 includes Jersey, Award, Photo, a Banquet and Officials Fees.

Season: June – September 2016

Ages/Divisions: 6u (5-6 years of age) 8u (7-8 years of age) 10u (9-10 years of age)

12u (11-12 years of age) 14u (13-14 years of age)

***AGE CUT OFF DATE – September 3rd ***

PROOF OF AGE AND PHOTOS ARE DUE AT TIME OF REGISTRATION, NO EXCEPTION

***NO REFUNDS WILL BE ISSUED AFTER THE DRAFT.**

REGISTER AT WWW.SDRECONNECT.COM

DANCE: Civic Dance Arts

Tap, Jazz, Hip hop and Pre-Ballet classes for youth (ages 4-17 years) are offered here on Wednesdays. Please contact the dance office directly at 619-235-5255 for more information.

Registration opens Saturday, June 25th at 10:00 AM

Fee: \$41 (10 weeks)

Session: June 29 – August 31

Camp Coyote

SPRING BREAK:

DATES: March 28 – April 1st (no camp March 31st)

TIMES: Extended Care Hours 7:00am – 6:00pm \$125.00 Code#24068
Core Care Hours 9:00am – 4:00pm \$100.00 Code#24070

SUMMER BREAK:

DATES: JUNE 27TH – AUGUST 26TH (10 WEEKS)

TIMES: Extended Care Hours 7:00am – 6:00pm \$125.00 (per week)
Core Care Hours 9:00am – 4:00pm \$100.00 (per week)
Registration starts Saturday, March 5th at 10:00am

ARE YOUR KIDS OUT OF SCHOOL?

BRING THEM TO US... ALL DAY!

Arts. Sports. Games. Cooking.

Weekly Field Trips

***DAY CAMP COUNSELORS WILL BE SAN CARLOS
RECREATION CENTER LEADERS. ALL ARE
CPR/FIRST AID CERTIFIED***





Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim
30 miles between June 18 and August 13
Reward: Get fit, stay healthy & receive
a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Market in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

For more information: www.sandiego.gov/park-and-recreation



Proudly Presented by:



AYOP Tae Kwon Do Program

This program is designed to promote a higher level of Honor, Discipline, Respect, Self-Confidence, improving Self-Esteem, Concentration and Coordination. Many times improving their social interactions and academic performance! Students are placed into classes according to age and ability. ONLY Self-Defense is promoted!

CLASSES ARE EVERY THURSDAY

New Students: 5:00 – 5:45 pm

Yellow & Orange: 5:45 – 6:30 pm

Purple, Green & Blue: 6:30 – 7:15 pm

Advanced Belts: 7:15 – 8:00 pm



\$7.00 PER WEEK

No Contracts – pay weekly, monthly or quarterly

Family discount – 2 kids \$6.00 each – 3 kids \$5.00 each